

# The Hanshi Reader

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...words that matter!

PO Box 135, Lenox Hill - New York, NY 10021

[info@hanshi.com](mailto:info@hanshi.com) - [www.hanshi.com](http://www.hanshi.com)

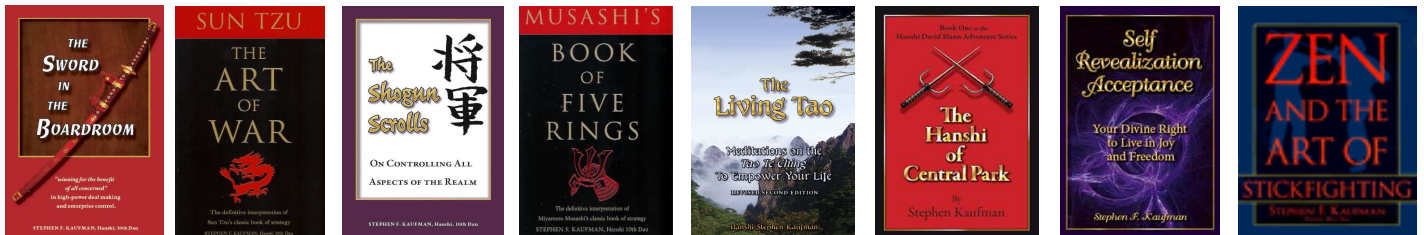
A weekly sampler of Hanshi Stephen Kaufman's writings.

World-renowned Author, Universally Acknowledged Distinguished Grandmaster and Educator

A True Founding Father of American Karate – since 1958



*Hanshi Stephen Kaufman*



## [This Week's Self-Revelization Acceptance](#)

How to use Self-Revelization Acceptance is explained on the last page of this newsletter.

### **I Experience Magnificent, Radiant Health**

I accept magnificent, robust, radiant health in all aspects of my life. This is what I want to experience and this is what I do experience. Any past behavior on my part that has inadvertently caused a condition of disease or disease is immediately eradicated in consciousness and physical expression in my life. I will not permit the opinions of others to interfere with my thinking, resolve or desire for superb health and a long trouble-free life. My organs functions perfectly, my bones are strong, my joints are flexible and my mind is ever strong. My energy levels are way up and I continue to strengthen in resolve that what I say "is" absolutely "is." There is no other possibility for me to experience with my health and I live my life by **My Divine Right to Live in Joy and Freedom**. Any negative health conditions that presently exist in consciousness and mind are immediately and by the authority of my word dissolved and made inoperable without any restriction or delay. Whatever steps I need to maintain this attitude of physical and mental perfection is in place in my mind and heart and as such is accepted and acted upon by the **Spirit of the Thing Itself** as well without restriction or delay by means of this **Self-Revelization Acceptance**. I give constant and complete thanks with profound gratitude that I am able to ascend to this new level of understanding of my own perfection.

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## **Some Notes On My Recent Trip to the Pacific Northwest of America**

During my recent sojourn I had my mind completely cleansed of all the absurdities that one generally has to deal with during the course of daily living. The magnitude of the mountains and sky are a completely different reality from that which we have a tendency to focus on by living in cities. As usual, Peggy Thompson did an amazing job of capturing much of what we saw including Mt. Rainier, the Cascades, the Olympics, Mt. St. Helen, Mt. Hood, Columbia River Gorge...it was an astonishing experience for me; One that I will absolutely never forget and loaded with an enormous amount of material for my next book. Here are just a few 'shots' of some of what was looked upon with awe. (Incidentally, 'awe' is used properly in this context. [I still can't understand how some people can consider 'gourmet pizza' as awesome])...No photos retouched.



The Olympics



Mt. Rainier with cap cloud



Mt. Jefferson



Absolute Amazement

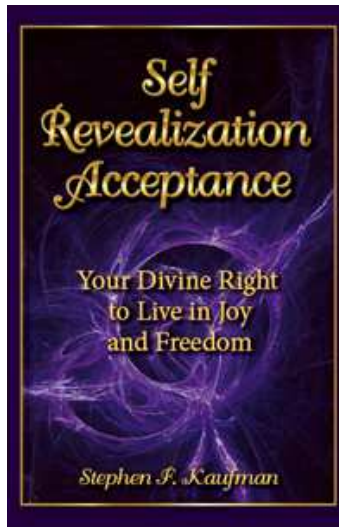


Diablo River Gorge – North Cascades



Mt. Hood - Oregon

This week's excerpt from:  
**Self-Revelization Acceptance**  
by  
**Stephen Kaufman**



ISBN 0-9779551-4-1 \$16.95

## Healing Acceptance for Others

**YOU CAN HEAL ANY CONDITION THAT YOU KNOW OF! YOU CAN DO IT FOR YOURSELF OR YOU CAN DO IT FOR ANOTHER. THERE IS NO DIFFERENCE BETWEEN CHANGING THE CONDITIONS OF A MENTAL NATURE OR A PHYSICAL NATURE AND IT MAKES NO DIFFERENCE TO THE SPIRIT OF THE THING ITSELF ONE WAY OR ANOTHER—REGARDLESS OF THE CIRCUMSTANCES OF THE NEED.**

Anyone can do it. There is no magic and there are no miracles. No one is any more qualified than anyone else is and no one has more power or authority to heal than you do based on the belief in and knowledge of your own dominion. Believe you can heal and **know** you have the **Power of the Universe** to act on your command. Work on **Self-Revelization Acceptance** for the state-of-mind mentality that will permit you to heal—as you would for anything else desired.

**IF YOU BELIEVE YOU CAN HEAL YOU CAN HEAL! TO KNOW YOU CAN HEAL IS EVEN BETTER**

If you truly believe and desire with all conviction and have the **faith OF healing**, you can do it—**easily**. In this chapter we are going to concentrate on the physical healing of infirmities, maladies, and diseases, or any other obstruction that you, or someone you know, not living a life of complete joy and freedom has, as their **Divine Right**. **ANY** condition can be changed. As well, it is your **Divine Right** to believe this or not. It must be realized, however, that certain conditions are beyond your capability *in your present state of consciousness*. It goes without saying that clarity of thought is essential in understanding your motives and clarity of purpose must be clearly recognized before you can proceed to correct apparent anomalies—**regardless of the state they are in**—or their appearance. The Creative Power of the Universe gives you the authority to do this by your **Divine Right to Live in Joy and Freedom** of consciousness. Whatever you think you are is only limited by your acceptance of yourself in the form of that thing as a **Divine Vehicle** for the **Divine Expression of Divine Intent** as the **Divine Ideal of Perfection** in the physical world.

With this knowledge, we are cutting across the boundaries of most religious thought where it is usually believed that only certain people can do a “healing.” That is simply not true! If it were so, then God would be guilty of discrimination of consciousness and that cannot possibly be. If It did It would negate Itself.

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The Creative Power of the Universe, the ***Spirit of the Thing Itself***, holds to personal feelings or convictions as the individual seeking to express a specific perfection accepts them. Period.

***If the subject of your desired healing does not know or believe they can be “healed” then they cannot be healed.*** But they can have their thoughts reconditioned so they *will* believe they can be healed. This is done through acceptance of a condition for another. Once that is in place the healing process simply becomes matter-of-fact, and is done through ***Self-Revealization Acceptance*** manifesting as perfection in relative time according to the skill of the healer and the desire of the person being healed. This does not mean that if someone was born without a leg, you can make one grow. Also, you cannot raise the dead—in your present state of consciousness. **BUT IT COULD BE DONE.**

***Self-Revealization Acceptance can change the condition of anything.*** Clarity of thought and clarity of purpose must be accepted without question. Fullness of acceptance is extremely important for your acceptance to demonstrate in tangible form. Think of the conditions that you want to “heal” in yourself and in others. Do not give any regard to the apparent condition—it is illusion via misconception of thought and will not maintain its authority once ***Self-Revealization Acceptance*** is activated to clear the condition. Likewise, you must endeavor to disavow any opinions other than your own, including medical opinions, which does not mean that you ignore doctor’s reports and advice. You are simply refusing to accept the opinion of anyone other than yourself. This is based on your belief and conviction that the thing is done; that the matter is healed.

The ***Spirit of the Thing Itself*** will acknowledge your authority as such and will not deny you. Identifying the person and the problem as already healed must be accepted as done by the ***Causation of Healing*** which is done through you—by authority of your word as an aspect of the ***Spirit of the Thing Itself***. Committing to the perseverance of seeing it through, especially in the beginning of acceptance work, takes phenomenal fortitude and conviction, leaving no room for obsession. You must commit to the “healing” as an expression of perfection of the ***Divine Ideal*** through the person being accepted for and it makes no difference how it is accomplished or who gets involved. *Your work is to create the conditions for healing and not the actual work involved.* Leave that to the ***Spirit of the Thing Itself***.

For autographed and personalized copies of

***Self-Revealization Acceptance***

visit

[www.hanshi.com](http://www.hanshi.com)

***Soon to be released by Worthy Shorts Press***

***The Wit and Wisdom of an American Hanshi***

***More information to follow***

***and...***

***Self-Revealization Acceptance***

***is in production for books on tape and CD read by Hanshi.***

**COMING SOON**

***Self-Revealization Acceptance Exercises***

***Art of the Zen Swordmaster***

***Zen Fairy Tales***

***Kata of Hebi-Ryu – Theory, Analysis, and Practice***

***Mastering Okinawan Sai***

***The Hanshi’s Guide to Real and Practical Self-defense***

***The Hanshi in Brussels – Book 2 in the Hanshi David Mann series***

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Visit Hanshi's website – [www.hanshi.com](http://www.hanshi.com)

## How to use a Self-Revealization Acceptance

*A Self-Revealization Acceptance is constructed for the simple purpose of bringing a specific result into a practitioner's life. Any of the ideas presented in my weekly example can be structured for your own desires. When the ideas of relationships, creativity, love, and finances are addressed you should use your own definitions to enhance the positive acceptance of an ever-growing good in your life. REMEMBER, Self-Revealization Acceptances are NOT affirmations. They are based on your positive acceptance of the good you want to experience in your life and therefore only YOUR words and YOUR authority activate the Spirit of the Thing Itself. Self-Revealization Acceptance is a philosophical approach to reality facilitation. Your reality and not the reality of someone else. Self-Revealization Acceptance absolutely is for an individual and personal manifestation REGARDLESS of what anyone outside of you thinks in relation to what you are accepting for. Fill the blanks with your own ideas and feel free to forward any questions or comments.*

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