

The Hanshi Reader

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...words that matter!

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A weekly sampler of Hanshi Stephen Kaufman's writings.

World-renowned Author, Universally Acknowledged Distinguished Grandmaster and Educator

A True Founding Father of American Karate – since 1958



Hanshi Stephen Kaufman

Relationships should be cohesive – not adhesive

This Weeks Self-Revealization Acceptance

How to use a Self-Revealization Acceptance

A Self-Revealization Acceptance is constructed for the simple purpose of bringing a specific result into a practitioner's life. Any of the ideas presented in my weekly example can be structured for your own desires. When the ideas of relationships, creativity, love, and finances are addressed you should use your own definitions to enhance the positive acceptance of an ever-growing good in your life. REMEMBER, Self-Revealization Acceptances are NOT affirmations. They are based on your positive acceptance of the good you want to experience in your life and therefore only YOUR words and YOUR authority activate the *Spirit of the Thing Itself*. Self-Revealization Acceptance is a philosophical approach to reality facilitation. Your reality and not the reality of someone else. Self-Revealization Acceptance absolutely is for an individual and personal manifestation REGARDLESS of what anyone outside of yourself thinks in relation to what you are accepting for. Feel free to forward any questions or comments.

I Demand More From Life

The more I realize that I can have anything that I desire the more I demand from life to deliver to me. My demands become ever increasingly powerful and unrefusable to the Spirit of the Thing Itself as I refuse to accept anything less than that which I desire to experience. I let nothing stand in my way and in such manner no one and no thing can interfere with my life's experiences unless I permit them to do so. I do not permit anyone or anything to advise me differently from my quest and do not allow negative sentiment or manipulative grace to hold anything back that is mine by My Divine Right to Live my Life in Joy and Freedom. The ever-increasing power of my **Self-Revealization Acceptance** authority and my ability to deal directly with the **Spirit of the Thing Itself** drives the creative aspect of the universe into my domain of perfect acceptance and I relish the gifts being laid on me from where they come. Anything that I need, anything that I desire with sincerity is immediately and without restriction brought into my life right here and right now. I maintain constant focus on my desires and do not accept any form of delay, lack, loss, or limitation but rather see all unfold with lavishness, lotsness, and limitlessness. I repeat this **Self-Revealization Acceptance** over and over and over until what I want is made manifest directly in front of me with all the ease and grace the universe offers with my desire. When I want money, IT is delivered. When I want love, IT is delivered. When I want more creativity in my life, IT is delivered. When I want peace and harmony, IT is delivered. Nothing is held back from me and whatever has interfered with my pleasures of life prior to this moment are made inoperable and denied any authority. When required, I redefine, redefine, and redefine. For this profound **Self-Revealization Acceptance** I bow my head in humble servitude and magnificent gratitude to the **Spirit of the Thing Itself**.

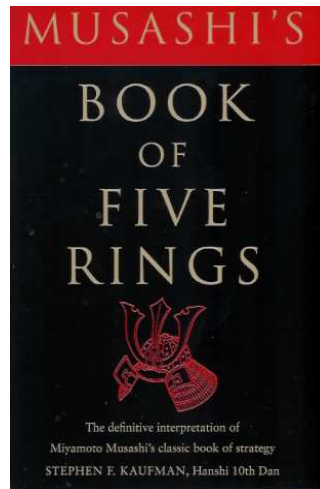
One More from Portraits of the Living Tao

For those of you who asked. Peggy Thompson says that there is absolutely no enhancement or color saturation in any of her pictures. They are as natural (the subjects) as the moment they were formed. Here is another sample from the forthcoming ***Portraits of the Living Tao***.



Nothing is total without complement!

This Week's Excerpt
The Book of Five Rings
The Definitive Interpretation
by
Hanshi Stephen Kaufman



THE BOOK OF NO-THING

My Way of strategy is recorded in the book of No-thing. The spirit of the universe is an emptiness that is no-thing. Man has no understanding of this place. It exists and is but yet it is not. If you know something you know something and if you do not know something it does not exist in your world. In the universe No-thing-ness is not a thing that is true and is not a thing that is not true.

When men of the world look at things with the wrong perception and do not understand what they do not see they say it is the place of No-thing-ness. This is incorrect thinking. The idea that men who study strategy and do not understand no-thing-ness and therefore do not understand their craft is not correct either. All things are revealed to all men as they desire it to be revealed to them, by their own definitions only.

If you would understand my strategy you must study as many of the martial arts as you can and you must never veer from your chosen course. The accumulation of your everyday practice will eventually, as the 'spirit of the thing itself', reveal true no-thing-ness to you. When you have truly understood the universe in relation to your art and your art in relation to the universe you will have come to understand no-thing-ness. This may appear to be a very difficult concept to understand but it is quite simple. Do not take anything for granted and do not put emphasis on the things of men. In this way understand my strategy.

No matter how hard we study, if we do not become one with the art we pursue we can never truly be one with the universe and the 'spirit of the thing itself' will always elude us. Things will never appear to be what they truly are. If we look at things with no attachment to them we will come to understand our place. The work is more important than the worker. When you come to see things in a broader perspective taking no-thing-ness as truth you will see truth as no-thing. There is virtue in the universe and there is neither good nor evil. Wisdom exists, principles exist, and the Way of the warrior exists but spirit is no-thing-ness.

Based upon my own understanding of the Way of the warrior and my own understanding of the universe I have taken the entire matter of the book of No-thing as one idea.

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Let me repeat it again. The Way of the warrior is based on No-thing-ness. No-thing-ness is not to be understood as a 'thing' because then it would be based on a conception of something, which would simply not be no-thing. The Zen term for 'no-thing', which is the closest we can come to defining 'no-thing', is called 'MU'. To understand 'MU' means to understand no-thing. It is essential to be careful with intellectual definitions at this point. The issue is clear and I explain it as well as anyone else. Regardless of the literal translation of my Book of Five Rings, we come close to understanding this no-thing when we realize that there is nothing outside of ourselves that can ever enable us to get better, stronger, richer, quicker or smarter. Everything is within. Everything exists. Seek nothing outside of yourself.

If you understand what exists then you can understand that which does not exist. This means that although it is impossible to know that which does not exist, we must take this to mean that if 'anything is anything, then everything is everything'. In the Way of the warrior there is no such thing as thought other than the intellectual powers you need to come to understand this terminology. That spirit is No-thing-ness means that there is no such thing as the self relying upon anything at all outside of the individual mind.

Zen masters use little stories to bewilder their students. These are called 'koans'. They are specifically inane in their presentation but when students come to understand No-thing-ness they also come to understand the 'koan'.

We can go on and on forever in trying to explain No-thing-ness but that would be exactly the wrong Way to approach it. .

The Zen point of view suggests that you stop all conceptual thinking. Stop thinking about what you 'feel' is right or wrong. Quite frankly, because all in the universe is simply No-thing-ness, or 'MU', there is no reason to pursue any attempt at perfection. Perfection is all there is and when you come to realize this you will have understood my Way of strategy and the Way of the warrior at which time you can forget about it and just be 'it'. Best to have it put this way. Simply be!

Thus ends the Book of No-thing and the Book of Five Rings.

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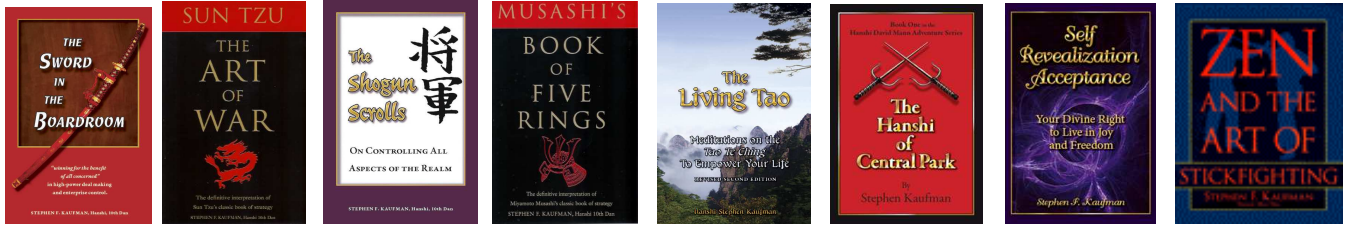
Help Wanted and Needed

I am looking for some one to assist me in PR, sales, and marketing. I have a number of interesting ideas and need some help. If you are interested call me. 917-204-2670. The work is not that hard and the pay is in line with that as well. Seriously though, I am becoming backed up in my daily stuff and can't get through everything. I'll teach you what you need to know to get the job done. Straight comm. but good potential for decent bucks. I'll cover your basic expenses until you score. Must have good... (You know the drill.) You have to be aggressive, but not obnoxious. Remember, you will be representing me and I am a unique and original.

Also need someone who can use a video camera and shoot stills for training videos, seminars, and book b/w's

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Self-Revelization Acceptance Exercises
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The Hanshi's Guide to Real and Practical Self-defense
The Hanshi in Brussels – Book 2 in the Hanshi David Mann series

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