

# The Hanshi Reader

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**...words that matter!**

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**A weekly sampler of Hanshi Stephen Kaufman's writings.**

**World-renowned Author, Universally Acknowledged Distinguished Grandmaster and Educator**

**A True Founding Father of American Karate – since 1958**



*Hanshi Stephen Kaufman*

***Circumstance does not withhold anything truly desired - except what you THINK you want***

## **This Weeks Self-Revealization Acceptance**

How to use a Self-Revealization Acceptance

A Self-Revealization Acceptance is constructed for the simple purpose of bringing a specific result into a practitioner's life. Any of the ideas presented in my weekly example can be structured for your own desires. When the ideas of relationships, creativity, love, and finances are addressed you should use your own definitions to enhance the positive acceptance of an ever-growing good in your life. REMEMBER, Self-Revealization Acceptances are NOT affirmations. They are based on your positive acceptance of the good you want to experience in your life and therefore only YOUR words and YOUR authority activate the *Spirit of the Thing Itself*. Self-Revealization Acceptance is a philosophical approach to reality facilitation. Your reality and not the reality of someone else. Self-Revealization Acceptance absolutely is for an individual and personal manifestation REGARDLESS of what anyone outside of yourself thinks in relation to what you are accepting for. Feel free to forward any questions or comments.

### **I Let Life Unfold**

I am very conscious of the way my life is unfolding. There are things that I am thrilled with and there are things that I am not too pleased with. Those things that are to my advantage I now accept as ever increasing in personal empowerment through my desires. Those matters that are not in accord with what I believe I should be experiencing are immediately redefined by the words in this **Self-Revealization Acceptance** and immediately changed to good. Any ideas and concepts that I may have erroneously developed through misunderstanding or just plain ignorance are corrected by my appreciation of my own life's values. I do not dwell on the past and I consciously look at the situations that are creating difficulty for me accepting that the *Spirit of the Thing Itself* knows what I am thinking and rushes to assist me in correction of my values. Because of this I am able to permit all the good in my world express itself in totality without restriction or delay. This is especially true in matters of relationships, finances, love, and creativity. I rid myself of negative sentiment and disavow any attempts by anyone or anything to overwhelm me with manipulative grace. I am free to be myself and I am free to experience all the good that I can accept for myself. I let life unfold in accordance with my true desires and do not interfere with it in the manner that it manifests. For this I am grateful and filled with an ever-increasing understanding of my ability to live my life in Joy and freedom.

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## *The Photography of Peggy Thompson*

One of the finest of the naturalist photographers on the scene today is Peggy Thompson from Tacoma, Washington. She wins awards and her photo shows are seen on cable television stations throughout the country. [www.youtube.com/northwestshutterbug](http://www.youtube.com/northwestshutterbug) for examples of her work. Peggy and I have worked on a book that is soon to be released entitled ***Portraits of the Living Tao - A Journey to the Infinite*** It will have 46 full color shots with words by myself and should be available in the next few months. Our next project is very ambitious. It is going to be a major work consisting of 100 contiguous shots by Peggy of a major mountain excursion with 100 original haiku by myself. I am very excited about it. Here's a sample page from Portraits.



*The master plan unfolds according to a man's knowing himself.  
It unfolds according to man's desire to live in harmony or not.*

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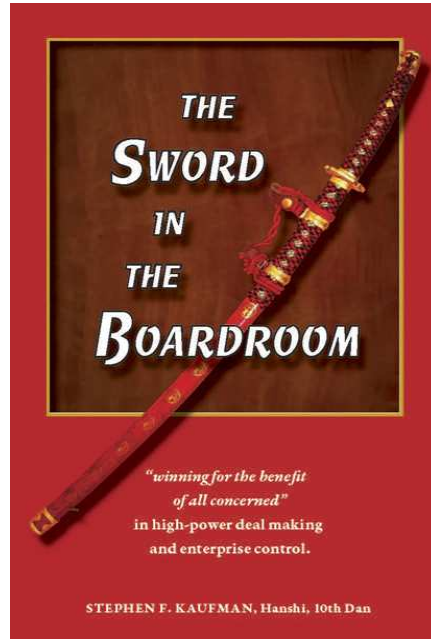
This Week's Excerpt

## Sword in the Boardroom

*"...winning for the benefit of all concerned"*

by

*Hanshi Stephen Kaufman*



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Paperback 170 pgs. \$19.95

### Perception and Intuition

**Sun-Tzu** – The ability to function with perception is accomplished through intuition. It is a necessary requirement for winning. It is not necessary to be utterly conscious of perception and intuition at all times but understand that it is difficult to function correctly without the use of these intrinsic aspects of being. As with weapons, where you must learn to trust them and to develop the skill attendant to understanding their properties, strong perception and intuition are invaluable in the use of winning tactics and go far beyond simplistic technical ability. Hard training and intense practice with or without physical weapons enables you to move into an approach and close by seeing it finished in your favor before it occurs. You will never approach perfection without accepting your own magnificence.

### Sympathy not empathy

**Musashi** - I continue my approach and close even when the enemy moves in retreat. *Especially* when the enemy is retreating because they are indicating an inability to handle my attack. Perhaps they are not strong enough to deal with my attitudes. Perception and intuition empowers me to know when, where, and how, to proceed. When there are times I must back off, because my own strength can adversely affect the outcome, I must still be aware of the surroundings. In this way my ability to close will persevere. I may be sympathetic to the enemy's situation but I never become empathetic. Know the difference between sympathy and empathy.

**Kaufman** - Sympathy suggests helping the enemy out of their despair, which means showing them why the solution being offered is the best, they can expect. Empathy shows a desire to identify with their feelings and necessitates issuing leeway where none should be given. Think of the times that you confused these issues.

## When Sympathy Was Confused With Empathy

**Situation. What confused you? What did it cost? How could you have rectified it?**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

**Sun-Tzu** - Be relentless in your approach and do not be concerned with a safety-seeking and/or cowering attitude of an enemy or the opposition. It could be a ruse and if they are battle tested it probably is. This is hard to discern without adequate consideration for your own needs and your ability to do this will depend on the amount of forethought you have given to your personal well being. There will be times when you may have to practice on friends. True friends and associates will encourage you to be more devoted to your dreams. False friends will try to dissuade you from your goals because of their weaknesses and jealousies. These are “*friends*” that you don't need, but you may have use for them in other areas where they could be of help. This does not mean that you are phony in relationships but it does mean that you are astute and aware of your own needs and there is nothing importune about such a mentality. There is great value in everything if you will seek for it and cultivate it. To do so is wise. Not to do so is a sign of immaturity. By increasing your heart for battle you will eventually be able to overcome any obstacle with no concept, and therefore no concern of or for personal failure. To win battles outside of yourself you must first win inner battles. Never think of the approach and close as something outside of yourself. The approach and close *is* you and the manner in which you apply it will determine your success.

### **Preconceived ideas**

**Musashi** – Never wait for an invitation from the enemy to attack. During your approach and close, which must be understood by you as an attack, should the opposition counter with an objection deal with it immediately and in this manner control them without having to second-guess their intentions. Always approach and close with your whole heart and soul. In this way you will maintain an attitude of more resolve with quickness of spirit. Remember your physical carriage: lead with your body, not your hands or feet. If you have pre-conceived ideas about how something should turn out, inflexibility will result along with the inability to deal with instant change as required. Never entertain the fear of failure. This is the worst thing you can do. The attitude can and will become inhibition. Forsake arrogance and conceit or you will lose your edge and the *Spirit of the Thing Itself* will be unable to come through in pure form. Always act with authority and conviction.

**Kaufman** – How many times have you been crushed by your own ignorance? When you thought things should occur in a certain manner and they didn't, like most people, you probably walked away from the situation with your head lowered. If you had prepared properly you have been able to change direction and win the day.

## Where Preconceived Ideas Caused Failure

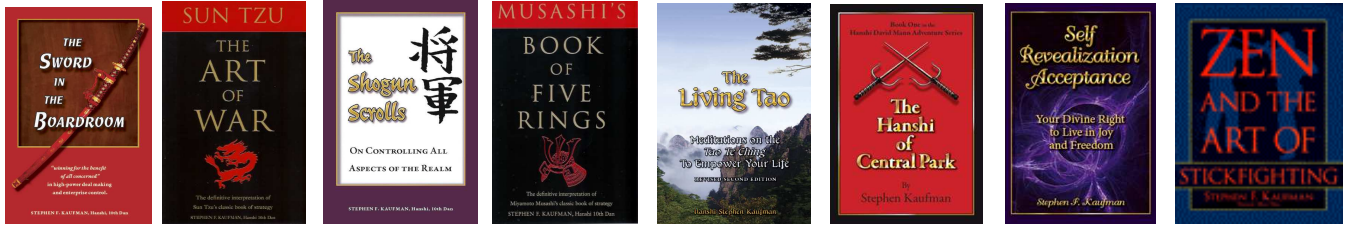
**What outcome did you preconceive?**

**What could have changed it?**

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

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*Zen Fairy Tales*

*Kata of Hebi-Ryu – Theory, Analysis, and Practice*

*Mastering Okinawan Sai*

*The Hanshi's Guide to Real and Practical Self-defense*

*The Hanshi in Brussels – Book 2 in the Hanshi David Mann series*

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