

# The Hanshi Reader

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**... words that matter !**

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**A weekly sampler of Hanshi Stephen Kaufman's writings.**

**World-renowned Author, Universally Acknowledged Distinguished Grandmaster and Educator**

**A True Founding Father of American Karate – since 1958**



*Hanshi Stephen Kaufman*

***Circumstance does not withhold anything truly desired - except what you THINK you want***

## **This Weeks Self-Revealization Acceptance**

How to use a Self-Revealization Acceptance

A Self-Revealization Acceptance is constructed for the simple purpose of bringing a specific result into a practitioner's life. Any of the ideas presented in my weekly example can be structured for your own desires. The use of the numbered line is for you to fill with what it is that you are relating the particular Self-Revealization Acceptance to. You do not necessarily need five. Self-Revealization Acceptance is a philosophical approach to reality facilitation. Your reality and not the reality of someone else. Self-Revealization Acceptance absolutely is for an individual and personal manifestation REGARDLESS of what anyone outside of yourself thinks in relation to what you are accepting for. Feel free to forward any questions or comments.

### **Ease and Grace**

**There is one creative energy in the universe that manifests in perfection in my entire life and I choose to accept this perfection with complete ease and grace.** By acknowledging this perfection I move forward into new experience of a life of Divine Freedom and Joy with complete and utter negation of any form of bondage created by the erroneous ideas of the past. By means of this word and the authority it carries as a result of my clarity of thinking and purpose I hereby dissolve the self-imposed restrictions and move ahead with all expectation of profound good and greatness in my life as I live my life by my Divine Right to Live in Joy and Freedom. I remain steadfast in my desire to break the chains that hold me back and make my own **Self-Revealization Acceptance** to empower me to do so. Everything comes to me with simplicity and the knowledge that I am assured of success in all of my endeavors including my business affairs, my personal development, my relationships, and my creativity.

No one and nothing interferes with my accomplishments. I accept responsibility for my own destiny and decide what and where and when I will express my good bounty. When it is necessary for me to rid myself of any encumbrances I will do so without feelings of guilt and will no longer permit negative sentiment or manipulative grace to interfere with my decisions. I realize the importance for myself to become more likable and lovable and accept this reality to demonstrate in my life with ease and grace for the accomplishment of my greater good. These words I speak are truth for me and I give great thanks to the **Spirit of the Thing Itself** for the self-revealization of them.

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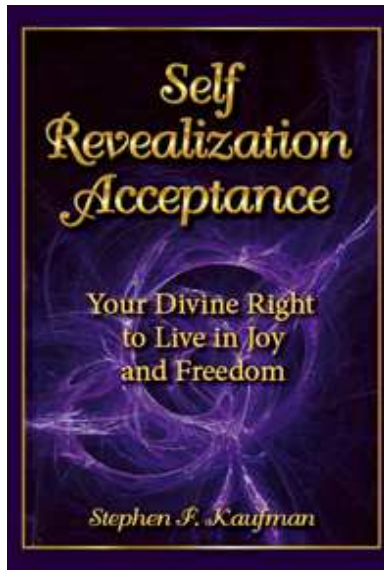
## Questions and Answers

Cynthia from Miami asks an interesting question about where the actual authority of the creative power comes from and is it another word for God.

The actual authority of your **Self-Revealization Acceptance** is based on your acceptance of the desired outcome as defined by your intellect and emotions, which enable the **Spirit of the Thing Itself** to function on your behalf. This is all accomplished with passion for the end result. It could be construed as another word for God however the Oneness that is God comprises everything including your misunderstanding of your own reality. I won't go into the purpose of *that* at this time but suffice to say that with your permission the Universal Creativity expresses in you, as you, and through you. This brings about the desired result regardless of how much you may think you know all of this intuitively. You don't! Quite frankly, you can't. You are not that intelligent to understand the making of the universe and the reason for it. Essentially you create a name for the unnamable, not the name, and this in turn actuates as your physically manifested desire based on the sincerity of your definition.

## This Week's Excerpt

### **Self-Revealization Acceptance** **Your Divine Right to Live in Joy and Freedom** by **Hanshi Stephen Kaufman**



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## **Chapter 9** **Coming to Terms with Ease and Grace**

One of the most difficult things that anyone has to deal with is the acceptance of personal good delivered with ease and grace. There is always a part of the psyche that doesn't allow for the joy of

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receiving. This is partly due to the fact that underlying guilt patterns seem to constantly override the true natural order of things and is generally derived from aspects of negative sentiment and manipulative grace. This is based on the concept of preconceived karma and will always interfere with the **Divine Right to Live in Joy and Freedom**. The chains of karma must be broken. The chains of karma must be broken because they are not based in truth. The chains of karma are an extension of the underlying myth that you don't deserve the good things in life **for whatever reason you deem appropriate for your freedom of expression**.

Ease and grace flow naturally from the source of all creation that is established by your own mind. Circumstances notwithstanding are not an excuse for depravity and lack, loss, or limitation. It makes absolutely no sense whatsoever to live a life that is fraught with frustration and confusion and it positively creates disease and dis-ease in all of your endeavors irrespective of how you perceive you life to unfold. Even with apparent success in love, finances, and creativity, when you think correctly you will find that all things open with ease and grace and are manifested in perfection — if you will stay out of the way and simply permit yourself to enjoy your great and good bounty.

Difficulties arise when you think in terms of your life as being required to fulfill the needs of others. This is a form of negative sentiment and manipulative grace. It is not to your advantage to advise the Spirit of the Thing Itself as to how to unfold.

Unfortunately, this is exactly what most people do. They cannot accept themselves as the great gift of the universe to themselves. People can always find something wrong with everything and by doing so they bring into their lives the very discomfort they are attempting to rid themselves of. Needing to be loved and liked by the rest of the world causes this. Thinking that you are responsible for the well being of all people and things you are involved with creates additional stress and anxiety.

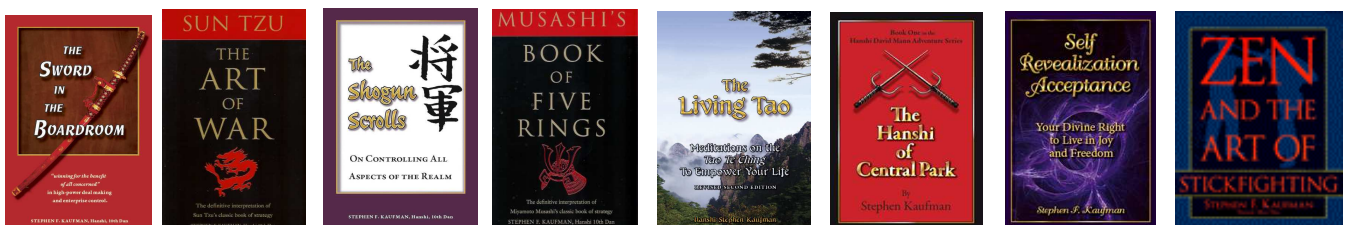
***You are responsible to yourself — nothing and no one else.***

Once you accept the reality of this you will be more readily able to provide for those you choose to be responsible for and will not permit their intentions to guide your thinking and feeling. You will also be better able to provide for them because you are taking command of your own destiny and thereby giving with all of your heart. This can ONLY be accomplished with the attitude of things already being yours through the concept of ease and grace.

There is never a need for disharmony in anything you do or feel. Clarity of thought and purpose is essential in developing your own ideals and those ideals will enable you to be more likable and lovable, if you consider those things necessary from an enlightened perspective. Once you decide that you will accept things with ease and grace all difficulties simply vanish. Stress and anxiety disappear. A newness of being takes the place of those negative concepts and suddenly you are thrust into a life of freedom and joy.

You may find yourself getting rid of people and things that do not enhance your newly found light-heartedness and may think that you are disconnecting yourself from everything you are accustomed to. Through the application of intelligent *Self-Revelization Acceptance* you will find that you are in line with the way your thinking has always suggested itself through intuitive knowingness. Accept the reality of ease and grace and break the chains of karma.

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