

The Hanshi Reader

... words that matter !

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A periodic sampler of Hanshi Stephen Kaufman's writings.

World-renowned Author, Universally Acknowledged Distinguished Grandmaster and Educator
A True Founding Father of American Karate

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***There is no such thing as yin and yang,
which is not to suggest that yin and yang do not exist.***



This Weeks Self-Revealization Acceptance

I Feel No Pain

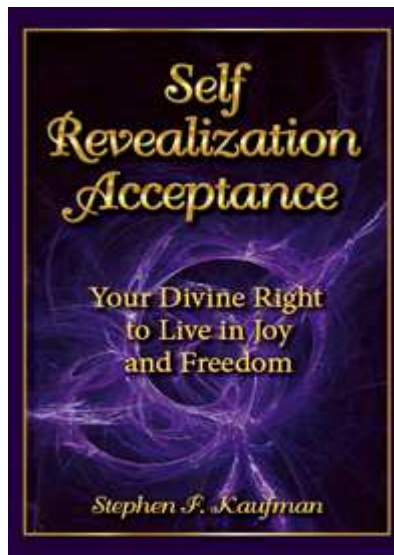
I acknowledge that my body and my mind are my perfect expressions of the life I desire to live. Any dis-ease in any form of pain or discomfort is, by the authority of this *Self-Revealization Acceptance*, made inoperative and non-functional in my life from this moment forward. Any issues that I have had in the past up to this point including physical and mental challenges is immediately and without fail removed from my experience without delay or hidden retribution. I use this *Self-Revealization Acceptance* to adjure the *Spirit of the Thing Itself* to immediately take action on this demand of the universal healing creativity that maintains and sustains all of me in It's divine intention to be free from any form of illness including:

- 1 – (my physical health)
- 2 – (my mental health)
- 3 – (my spiritual health)
- 4 – (my emotional health)
- 5 - (my moments of doubt and pain)

I live my life by *My Divine Right to Live in Joy and Freedom* and I accept these words as absolute truth in my life here and now. There is no restriction in any form and I immediately and without guilt or negative sentiment or as the result of any form of manipulative grace revoke the authority of any inconvenience in my experience with regards to my health in this instance to be functionally removed and replaced with total and complete healing perfection in my mind and body. I give thanks to the power of the *Spirit of the Thing Itself* and acknowledge the truth of this *Self-Revealization Acceptance* with total and complete acceptance. These words I speak are true and I observe as they are manifested in perfection in, through, and as my entire beingness in this immediate moment and stay with me forever. And that's the way it is.

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A Selection from the Book
Self-Revelization Acceptance
Your Divine Right to Live in Joy and Freedom



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I have been asked by a number of readers to explain in simple terms just what **Self-Revelization Acceptance** is all about and what the **Spirit of the Thing Itself** is? The following excerpt is from the book and should you have any additional question feel free to contact me directly. Feel free to pass this newsletter along to everyone you know who could benefit from my teachings. Thanks for reading.

What Self-Revelization Acceptance is

Self-Revelization Acceptance brings into functional and tangible form **ALL** the creative energy of the universe as it is instructed to reveal itself. **Self-Revelization Acceptance** affects the release of any and all limitations and restrictions—mental, physical and spiritual. It will profoundly influence your life and teach you to **use** the One Power of the Universe, **as you see fit**. This is easily accomplished by accepting any chosen definition of life and **knowing** it is done. Working with the wisdom of the universe, and the knowledge that all things change and grow, correct thinking and proper words will manifest all desires. And, it is done with ease and grace. There is no need to worry about fears and self-doubts that may appear when you begin to change your life-style and relationships. **Self-Revelization Acceptance** will alleviate those matters as well. And, if things in your life were that great there would be no need to bring about change to deal with misconceptions of failure and self-worth. **Self-Revelization Acceptance** teaches you how to live life in abundance because **you do not change the attitudes of other people and things in relation to yourself by coercion—you change your attitudes towards them**. The results are that things change *their* attitudes towards you—and that's a whole different story. This may sound like an old story but the difference is that you will be given exacting tools to bring about change without deep meditation or any other form of self-exploration.

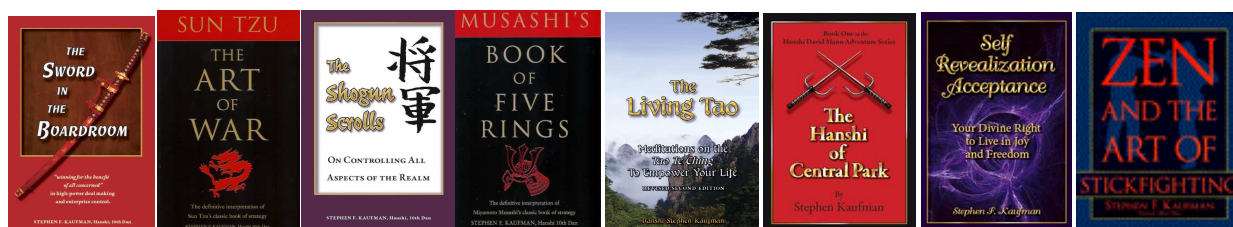
What the Spirit of the Thing Itself is

The **Spirit of the Thing Itself** is the Creative Power of the Universe that expresses desire based on the exact definitions of what it is told to demonstrate and **Spirit of the Thing Itself** does it instantly. With any name you choose to call it, it is the totality of anything that could ever be desired, known consciously or not.

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It produces desires in tangible form with ease and grace once the truth of that specific reality is accepted that **the result already exists and is yours by right of consciousness**. However, **Spirit of the Thing Itself** is an impersonal expression of the Creative Power and though it works infallibly, it will only deliver exactly what it is being asked for. **Self-Revelization Acceptance** is the catalyst that drives the **Spirit of the Thing Itself**. It empowers anyone to be rid of anything unpleasant or unwanted, replacing it with the thing truly desired. Life becomes and remains a pain and a hassle when you don't accept joyous and productive living as a normal state of being due to incorrect thinking patterns. The reality though, is that you do have a **Divine Right to Live in Joy and Freedom**. You, personally, are responsible for your happiness as well as your misery. That's the way it is! It must be accepted as the first truth.

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Kata of Hebi-Ryu – Theory, Analysis, and Practice
Mastering Okinawan Sai
The Hanshi's Guide to Real and Practical Self-defense
The Hanshi in Brussels – Book 2 in the Hanshi David Mann series

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